



**Hospice Foundation of America
DVD Presentation & Discussion
Thursday, May 31st**

Choose either program time: 2-4 or 6:30-8:30 p.m.

**Shown at the David Klein Center for Compassion and Healing
Lifetime Care, 3111 Winton Rd., South**

This program suggests problem-solving strategies and practices that can be used to strengthen peoples' resilience after major loss and encourage posttraumatic growth.

While never discounting the struggles and stresses experienced in bereavement, counselors, volunteers, medical professionals, friends and colleagues can foster positive change, suggest resources, and be "expert companions" for grieving men, women and children. People who offer this kind of help also achieve growth in skills, perspectives, and spirituality – a powerful alternative to compassion fatigue.

2 CE credits are available online after viewing the program and participating in a local panel discussion. Light refreshments will be provided.

Please pre-register by Monday, May 28th & specify time you plan to attend:
call 475-8800 or email theo.munson@lifetimecare.org

